

## Suzanne Kryder, Ph.D.

---

### Professional Summary

---

Accomplished leadership development trainer, coach, and facilitator with over 25 years experience in four sectors: government, non-profit, education, and business. Particular strength and expertise in neuroleadership coaching to support executives and managers in improving their effectiveness to meet business and organizational challenges in a constantly changing environment. Presents calm, confident, and focused manner with clear, articulate communication style. Author of forthcoming book, *Coaching the Mind to Lead: Cultivating Calm, Confident Power* and sought-after speaker on the topic of mindfulness as it relates to leadership and organizational transformation. Co-founder and host of *Peace Talks Radio*, a monthly radio program on peacemaking and nonviolent conflict resolution on several NPR stations.

### Areas of Expertise

---

#### Leadership Development

- Designs and delivers a proprietary series of three neuroleadership retreats based on recent research findings about the brain, goal setting, mindfulness, and productivity.
- Designs and delivers a wide range of leadership development modules including Employee Accountability, From Leader to Coach, Delegation Skills, and Communication Styles.
- Designed and delivered a neuroleadership curriculum for a local public policy organization.
- Designed and delivered a leadership confidence curriculum for a local federal agency.
- Designed and delivered a program on colleague accountability for a local major university.
- Designed and delivered a module on Employee Motivation to 300 managers in a state agency.
- After a multi-site nonprofit agency received three non-compliance ratings in a 2008 federal review, designed and delivered a custom tailored 48-hour leadership development program that helped the agency achieve a 100% compliance rating in 2009. Post-program results also included decreased absenteeism and increased leader confidence in addressing accountability issues.
- Trained participants in a statewide leadership development program to conduct SWOT analyses, design organizational change strategies, and motivate teams to reach benchmarks.
- As part of a training team, designed and delivered one-third of a 36-hour *Coaching for Managers* training program for a university's management development center. Partially as a result of this training program, one client organization was awarded the 2003 Psychologically Healthy Workplace Award by the New Mexico Psychological Association.

#### Neuroleadership Coaching

- Developed *The Mind to Lead*, a proprietary neuroleadership coaching model based on recent research findings about the brain, goal setting, and productivity. Neuroleadership is an emerging field that blends leadership development with an understanding of how the mind works. Coaching clients achieve breakthrough results including managing employees for continuous performance improvement, managing conflict, and developing collaborative relationships.
- Custom designed and conducted numerous 360-degree feedback assessments. Did follow-on coaching to assist with integration of feedback.
- Assisted hundreds of clients in planning for and successfully executing difficult conversations that they had been delaying with their direct reports, boss/Board, and customers.
- Collaborated with a variety of clients in developing and implementing unique motivation and reward processes for their individual direct reports as well as general recognition programs for their teams.
- Supported a variety of leaders in identifying and integrating their personal values with their organization's values. Assisted them in selecting and performing behaviors that communicated these organizational values to their teams.

**Facilitation**

- Assisted a local non-governmental organization in clarifying its mission, vision, and goals. Helped the Board of Directors create a growth plan that allowed the Board to double in size in one year and become more actively engaged in supporting the organization's mission.
- Facilitated the Board of Directors for a national professional association in resolving an ongoing conflict by clarifying individual roles and understanding diverse communication styles.
- Assisted three different statewide health collaboratives with the planning and execution of three-year strategic plans. This work included facilitating a planning retreat for each group and helping to track benchmarks in the strategic plan.
- Assisted a variety of organizations in identifying and applying their core values through the design of vision, mission, and goal statements and strategic planning processes.

**Employment History**

---

<b>Suzanne Kryder, Inc.</b> , President	1992 – Present
<b>Cleveland State University</b> , Visiting Professor, Cleveland, Ohio	1989 – 1992
<b>University of New Mexico</b> , Instructor, Albuquerque, NM	1985 – 1988

**Additional experience prior to 1985:** Management positions in healthcare and the insurance industry.

**Education/Certifications**

---

Community Dharma Leader Program, Spirit Rock Retreat Center	2003
Graduate of Coach University's Corporate Coaching Program (International Coach Federation Certified Program)	2001
Licensed Facilitator, <i>Personal Coaching Styles Inventory</i>	2000
Licensed Facilitator, <i>Coaching Clinic for Managers</i>	2000
Ph.D. Health Education with minor in Organizational Behavior University of New Mexico, Albuquerque, NM	1989
M.S. Exercise Science, The George Washington University, Washington, DC	1981
B.S. English Education, University of Georgia, Athens, GA	1976

**Recent Professional Speaking Engagements**

---

"Transform Minds to Transform Organizations," at the 2010 Chesapeake Bay Organization Development Network Annual Conference, Washington, DC, April 2010.

"The Leader's Mind: A Terrible Training Tool to Waste," at the 2009 New Mexico Chapter of the American Society of Training & Development Conference, Albuquerque, NM, October 2009.

"The Mind to Lead: Staying Calm & Confident No Matter What," at the Greater Albuquerque Chamber of Commerce 2009 Leadership Conference, Albuquerque, NM, March 2009.

"Intra and Interpersonal Attunement of Managers with their Direct Reports," at the Interpersonal Neurobiology Applications Training, Los Angeles, CA, August 2008.

Presenter, Panel Session on Mindfulness, at the 2008 North American NeuroLeadership Summit, New York, NY, October 2008.